

## PCR Testing in your home country is required prior to embarking your flight to a port destination

- You will need to get PCR-tested within 7 days from your **SIGN ON DATE**.
- **Test results must be submitted to RCL within 72 hours prior to departure from home.** Results normally take about 2-4 days. Crew members should inquire about the lead time in order to obtain the results before their voyage.
- **Please note entry requirements vary by country.** Please check with your scheduler to ensure you are following the PCR entry requirements for the country you are arriving into.
- While you are waiting for the test results, **you must self-quarantine until the time comes to travel.** If the test results are negative, and you do not have any symptoms, you will be able to travel.
  - > The symptoms that would prevent you from traveling include: headaches, tiredness, runny nose, sore throat, fever, chills, cough, diarrhea, abdominal pain, shortness of breath, muscle aches, and joint pain.
- Once you are ready for your travel, please ensure that you wear a proper face mask for the duration of your travel. It is also recommended that you wear gloves and change them frequently.
- If your location is the same location as the port destination and you do not have to embark on a flight, you will also need to take the PCR test within one week of embarking on the ship. You should self-quarantine while waiting for the results and before joining the ship.
- A list of approved testing providers by Country is available on RCLCrewTravel, where you can get tested at the company's expense. If it is more convenient, you can pay for testing and be reimbursed. **Please note that the only acceptable form of testing is PCR by nasal or oral swabs and the specimens must be processed using Polymerase Chain Reaction technology or PCR test for SARS-CoV-19. No other type of test will be accepted.**
- Please ensure that you bring a printed copy of your Negative test results while traveling to the port destination.
- When performed at our approved testing locations an email with your test results will be sent to you and your employer.

**IMPORTANT:** Please ensure that you and / or your provider sends the PCR results to the following email: [CrewPCRResults@rccl.com](mailto:CrewPCRResults@rccl.com). When submitting your PCR results via email, please ensure that your **Full Name** and **employee ID** number are included in the subject line and body of the email. Please note that this email will only be used to receive PCR results and will not be used to answer any questions related to this document. For questions, please contact your scheduler.

## Where to go for a list of approved PCR testing providers

- Please visit **RCLCrewTravel** to find a list of providers in your home country.

### What happens if my result is positive?

- If the test results are positive, you will need to inform the company by contacting your scheduler. You must seek medical attention right away and will not be able to travel until you have undergone one quarantine period of 15 days and have been re-tested obtaining negative test results.

### Health questionnaire check

- You will not be permitted to board the ship if you have any symptoms. This condition does not exclude mild symptoms such as dry cough or chills. Once you arrive at the embarkation point at the port destination, you will be asked to complete a health questionnaire. **Anyone with a positive PCR test result, high temperature, or any symptoms will not be allowed to embark on the ship.**
- In the event that embarkation takes place by using a tender boat, a medical professional will be deployed with the tender. The tender deployed doctor or nurse will check the test results, temperature and your health declaration form at the pier before allowing you to board the tender boat or vessel. During the trip on the tender boat, you will need to wear a mask, gloves, and observe social distancing.

### Pre-Boarding Temperature Check:

- Prior to embarkation, we will take your temperature. If you are found to have a temperature higher than 38°C or 100.4°F, you will not be allowed to embark on the vessel.

### Ship Embarkation:

- Once cleared, you may board the ship or take the tender boat that will take you to the ship.

### Quarantine in Yellow Zone:

- Upon arrival, you will need to proceed to your assigned cabin where you will be individually quarantined without sharing a bathroom for a period of 15 days. A negative test result will still require completion of the quarantine period.

### When is this requirement effective?

- This requirement is effective immediately. While our service provider network is being activated, you can utilize other service providers in your home country and the cost of the test will be reimbursed upon arrival on board. Additional information and guidelines will be provided at sign on. Please make sure you keep your receipt and a copy of the tests results at all times. If no PCR testing is available in your home country or if you have any questions, please contact your scheduler or CrewAssist if over the weekend.

Following this process is the best way to ensure the health and safety of our employees on all vessels.

Thank you for your cooperation!